

Appendix E – First Aid

FIRST AID PROCEDURES

- ◇ Know the location of the First Aid Kit in advance of any emergency
- ◇ Make your team and monitor aware of any team members that have first aid, CPR, EMT, or other emergency and life saving skills
- ◇ Use caution around any leftover food on plates and dirty dishes, bodily fluids or discharges and always use latex gloves and bleach for clean up of these and any other questionable fluids
- ◇ Advise your team to consider having their shots up to date (i.e. tetanus, hepatitis, etc. – consult your physician for specific advice)
- ◇ If choking victims are breathing at all, or are able to speak at all, do not intervene or attempt to dislodge a blocked airway. Intervention for choking should only be if the victim's airway is completely blocked. Choking victims will frequently be in a state of panic, approach them with caution.
- ◇ Do not attempt to administer first aid if you are not trained to do so. If no one on the team has first aid training: call 911, stay with the victim, keep them comfortable, monitor their symptoms frequently, keep them engaged in conversation, and be as specific as possible in the assessment and reporting of their symptoms to the EMT professionals.